



Synergy Saturday

A Collaborative Care Advocacy Affair.

Creating a New Paradigm of Preventative Care

Our Suite of Solution Services:

Experiential Learning
Providing hands-on experiences in population health to close care gaps

Free Health Screening
Screening to improve health outcomes, reverse poor health, and save lives

Patient Navigation
Assisting patients to help successfully navigate the US healthcare system

Our Suite of Solution Apps:

- Know Your Numbers app
- SynSat Challenge app
- VolunTier Trek app

Our Innovative Initiatives:

- Advocates in Action Minority Health Event
- Coffee and Conversation
- Food As Medicine (FAM)
- Healthy Self
- Hypertensive Disorders of Pregnancy (HDP)
- Long Johns for Low Temps

Synergy Saturday is a weekly pop-up wellness event that offers experiential learning, free health screening, and patient navigation services to reverse poor health and poverty. We also connect healthcare professionals to the communities they serve to close care gaps and improve health outcomes.

Synergy Saturday, an award-winning 501(c)(3) exempt organization, is the world's first weekly interprofessional pop-up screening event. Our unique approach helps participants connect the dots with their screening numbers to draw a comprehensive picture of better health. Our name represents our commitment to collaborative care in population health every Saturday.



Our Mission:
To shift one's paradigm about preventive care to create a culture of healthy attitudes and behaviors in participating communities.



Credible. Captivating. Compelling.

Synergy Saturday has performed 17,297 documented screenings from March 7, 2015 - December 31, 2023, as follows:

- 2015 - 200 total screenings
- 2016 - 246 total screenings
- 2017 - 583 total screenings
- 2018 - 989 total screenings
- 2019 - 2,717 total screenings
- 2020 - 1,101 total screenings (Pandemic Year)
- 2021 - 1,916 total screenings (Rebound Year)
- 2022 - 4,721 total screenings (Inflation Year)
- 2023 - 4,824 total screenings (App Year)

Synergy Saturday created this efficacious outreach solution through its availability, frequency, and mobility of health screening events to provide no-cost preventative and wellness services ... all for the greater good of Population Health or participating communities. Synergy Saturday is genuinely a win-win-win non-profit organization with weekly pop-up health screening events and sensible healthcare solutions.

Collaborative Partners:

- AR Department of Health: Rural Health
- Arkansas Blue Cross and Blue Shield - Midtown
- Arkansas Medical, Dental, and Pharmaceutical Association (AMDPA)
- Student National Pharmaceutical Association (SNPhA)
- Student National Medical Association (SNPhA)
- UAMS College of Health Professionals
- UAMS College of Pharmacy
- UAMS College of Pharmacy APhA-ASP
- UAMS College of Medicine
- UAMS Interprofessional Ed. (IPE)
- Walmart Community Grant Program

"Blood pressure is one of the most important screenings because high blood pressure usually has no symptoms so it can't be detected without being measured. High blood pressure greatly increases your risk of heart disease and stroke."

AMERICAN HEALTH ASSOCIATION, INC.

"It's, it's really humbling to see how he treats this group of people that typically are either ignored or overlooked in our community. And, to see that he treats them just like they're his family, and that is just, uh, it's just amazing to see."

Brian Midkiff
Volunteer

"Larry is so in touch with the population that's being served; he's really taken the time to listen and understand what they need and what they want and uses that to make the biggest impact that he can. So, when we come down here, and we do these things, we know that we're doing stuff that this community and this population have communicated is what they really want."

Chris Church
Volunteer

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